

基础研究

右美托咪啶预处理对脓毒症肾损伤大鼠炎症因子和氧化应激的影响

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摘要:目的 探讨右美托咪啶对脓毒症大鼠AKI(急性肾损伤)的炎症因子和氧化应激的影响。方法 将32只雄性SD大鼠随机均分为以下4组(每组8只大鼠):假手术组、脂多糖(LPS)组、右美托咪啶(DEX)+LPS组、育亨宾(YOH)+DEX+LPS组;后3组分别于术前30 min经尾静脉注射LPS(5 mg/kg);LPS + DEX组LPS前10 min尾静脉注射DEX(10 μg/kg);YOH+DEX+LPS组于LPS前40 min经腹腔注射YOH(1 mg/kg),及LPS前10min尾静脉注射DEX 10 μg/kg。4 h后处死大鼠提取标本测定血浆和肾组织中的白介素-1β(IL-1β)、超氧化物歧化酶(SOD)和丙二醛(MDA)水平,并观察肾组织病理学变化。结果 与假手术组相比,LPS组中血浆和肾组织IL-1β、MDA水平明显升高,SOD明显降低($P<0.05$),肾脏病理损伤严重;与LPS组相比,DEX +LPS组中血浆和肾组织IL-1β、MDA水平明显降低,SOD明显增高($P<0.05$),肾脏病理学损伤也明显减轻;YOH+DEX+LPS组和DEX +LPS组相比,IL-1β、MDA均上升,SOD下降($P<0.05$),肾脏病理学损伤较明显。结论 DEX可以减轻脓毒症相关肾损伤的炎症反应和氧化应激,且这种作用可能是通过α2受体起作用的。

关键词:右美托咪啶;α2肾上腺受体;脓毒症肾损伤;氧化应激;炎症反应

Pretreatment with dexmedetomidine ameliorates renal inflammation and oxidative stress in rats with lipopolysaccharide-induced sepsis and acute kidney injury

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Abstract: Objective To investigate the effects of dexmedetomidine on inflammatory reaction, oxidative stress, and renal pathologies in a rat model of lipopolysaccharide (LPS)-induced sepsis. **Methods** Thirty-two SD rats were randomly divided into 4 groups, including a sham-operated group, LPS group with LPS (5 mg/kg) injection via the caudal vein 30 min before the operation, dexmedetomidine (Dex) +LPS group with additional Dex (10 μg/kg) injection via the caudal vein 10 min before LPS injection, and yohimbine+DEX+LPS group with intraperitoneal yohimbine (1 mg/kg) injection 40 min before and Dex injection 10 min before LPS injection. The levels of IL-1β, SOD and MDA in the plasma and renal tissues were determined, and the renal pathologies were examined. **Results** Compared with the sham-operated rats, the rats in LPS group showed significantly increased IL-1β and MDA levels and lowered SOD activity in the plasma and renal tissues ($P<0.05$) with obvious renal pathologies. Dex pretreatment obviously lowered IL-1β and MDA levels and enhanced SOD activity in the plasma and renal tissues in LPS-challenged rats ($P<0.05$), and significantly lessened LPS-induced renal pathologies. **Conclusion** Dex can protect the rats against LPS-induced renal injury by alleviating the inflammatory reactions and cytokine oxidative stress, and this effect is mediated possibly by α2 receptors.

Key words: dexmedetomidine; α2 adrenoceptor; sepsis; renal damage; oxidative stress; inflammatory reaction

脓毒症,是由于各种病原体感染、创伤、烧伤、缺氧、再灌注损伤及外科大手术后引起的一个严重的、复杂的、失控的、全身性的炎症反应综合症,可引起感染性休克及多器官功能障碍综合征。肾脏是最易受到脓毒症打击的靶器官之一,脓毒症患者中约42%发生急性肾损伤(acute kidney injury, AKI)^[1],研究表明约50%的重

症AKI患者的病因主要是脓毒症,尽管使用抗生素或免疫调节治疗应用,仍然不能有效地控制病人的多器官功能损伤和病人死亡,由脓毒症引发AKI导致患者死亡率仍然居高不下,脓毒症患者发生AKI后死亡率高达70%^[2-3]。而ICU里需要透析治疗的AKI病人生存率仅有13.8%。因此,为了降低脓毒症导致AKI发病率和改善预后,如何及时预防和有效干预脓毒症并发AKI成为目前一项迫切研究课题。

目前众多研究证实机体脓毒症可导致AKI甚至多器官功能障碍综合征,可能与机体交感神经过度兴奋、

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免疫失调、炎症反应失控等一系列病理生理改变有关。因此,在脓毒症的治疗中,抑制交感神经过度兴奋和炎症级联放大效应,减轻脓毒症导致AKI是降低脓毒症病死率的有效措施,也是当今危重症医学领域研究的热点和难点。

右美托咪啶(DEX)是选择性 α_2 -肾上腺受体激动剂,对位于脑和脊髓的 α_2 肾上腺素能受体(α_2 -AR)产生激动效应,产生镇静、镇痛和抑制交感神经等作用,临床上主要用于镇静、镇痛、抑制交感活动等治疗。近年来,越来越多的基础和临床研究证明,DEX能抑制中性粒细胞的激活及TNF- α 、IL-1 β 等炎性细胞因子的释放而发挥全身的抗炎作用,另外也可抑制致炎因子导致的中性粒细胞的呼吸爆发,避免脂质过氧化反应,对心、肾、肺等多器官具有保护作用^[4-6]。本研究旨在探讨DEX对脓毒症大鼠AKI模型中肾脏组织细胞的影响,以及炎性因子和氧化应激反应扮演的具体作用机制,希望为AKI的临床治疗提供理论依据。

1 材料与方法

1.1 实验动物和材料

雄性清洁级SD大鼠32只,体质量200~250 g(中山大学动物实验中心提供)。右美托咪啶(规格:200 μ g/mL,江苏恒瑞制药厂),育亨宾(yohimbine, YOH)(Sigma-Aldrich),IL-1 β 试剂盒(南京凯基生物试剂有限公司),MDA和SOD试剂盒(南京建成生物工程研究所),脂多糖(Sigma-Aldrich)。

1.2 动物分组和模型制备

大鼠随机均分为以下4组:Sham组、LPS组、DEX+LPS组和YOH+DEX+LPS组。采用LPS诱导制备脓毒症血症肾损伤模型,大鼠常规禁食12 h,不禁饮。诱导麻醉大鼠后,将其放置于变温毯上仰卧,固定,维持体温 36 ± 0.1 $^{\circ}$ C。除育亨宾经腹腔注射外,DEX和LPS均通过尾静脉注射。具体给药方式如下:LPS组给予LPS 5 mg/kg;DEX+LPS组,首先注射DEX 10 μ g/kg,10 min后同样给予LPS 5 mg/kg;YOH+DEX+LPS组,先经腹腔注射YOH 1 mg/kg,30 min后注射DEX 10 μ g/kg,10 min后给予LPS 5 mg/kg。Sham组给予与LPS等量生理盐水注射。

1.3 标本的留取

4 h后打开腹腔,经腹主动脉抽取血液,评估IL-1 β 、SOD及MDA检测。截取左肾脏取部分组织,用10%福尔马林固定,石蜡包埋,切片,行HE染色,光镜下进行组织病理学评估;右肾组织迅速放入液氮中保存,实验结束后转入-80 $^{\circ}$ C低温冰箱保存,用于肾组织匀浆检测IL-1 β 、SOD和MDA水平。

1.4 MDA、SOD和IL-1 β 检测

血和肾组织采用黄嘌呤氧化酶法检测SOD的含量

和活性,用硫代巴比妥酶法测定MDA的含量,具体按照操作试剂盒说明书进行,肾组织中的SOD、MDA含量按照公式计算,考马斯亮蓝检测蛋白含量。IL-1 β 采用酶联免疫分析法(ELISA)操作试剂盒说明书进行。

1.5 统计学分析

所得计量数据均以GraphPad Prism 5软件统计,组内比较采用重复测量方差分析,组间比较采用 t 检验 $P<0.05$ 为差异有统计学意义。

2 结果

2.1 右美托咪啶预处理对血浆和肾组织MDA和SOD的影响

2.1.1 各组血浆和肾组织MDA水平变化 与Sham组相比,LPS组明显增加血浆和肾脏的MDA含量($P<0.05$);与LPS组相比,右美托咪啶预处理组(DEX+LPS组)明显降低血浆和肾脏的MDA含量($P<0.05$);与DEX+LPS组相比, α_2 -肾上腺素受体拮抗剂育亨宾组(YOH+DEX+LPS组)MDA含量上升($P<0.05$,图1)。

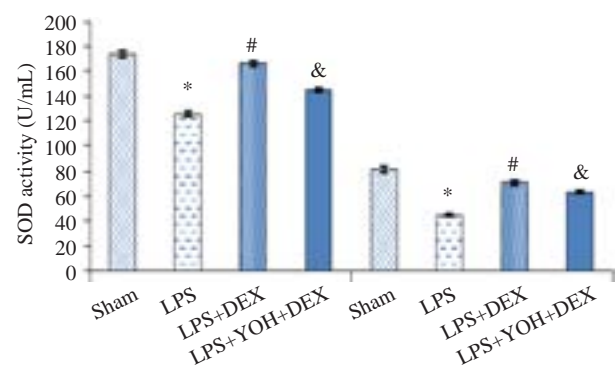


图1 各组血浆和肾组织MDA水平的变化

Fig.1 Levels of MDA in the blood and kidney tissue in different groups. Compared with Sham group, LPS group * $P<0.05$; Compared with LPS group, DEX+LPS group # $P<0.05$; Compared with DEX+LPS group, YOH+DEX+LPS group & $P<0.05$.

2.1.2 各组血浆和肾组织SOD活力变化 与Sham组相比,LPS组明显降低血浆和肾脏的SOD活力($P<0.05$);与LPS组相比,DEX+LPS组明显升高血浆和肾脏的SOD活力($P<0.05$);与DEX+LPS组相比,YOH+DEX+LPS组SOD活力下降($P<0.05$,图2)。

2.2 右美托咪啶预处理对血浆和肾组织IL-1 β 的影响

与Sham组相比,LPS组明显增加血浆和肾脏的IL-1 β 含量($P<0.05$);与LPS组相比,DEX+LPS组明显降低血浆和肾脏的IL-1 β 含量($P<0.05$);与DEX+LPS组相比,YOH+DEX+LPS组IL-1 β 含量上升($P<0.05$,图3)。

2.3 肾脏病理学改变

Sham组肾组织结构正常,肾小管、肾间质未见明显

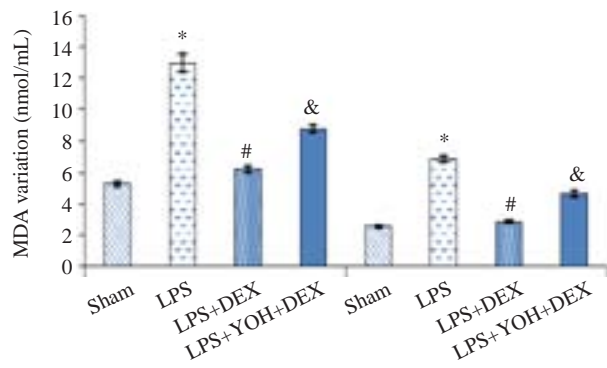


图2 各组血浆和肾组织SOD活力的变化

Fig.2 SOD activity in the blood and kidney tissue in different groups. Compared with Sham group, LPS group $*P<0.05$; Compared with LPS group, DEX+LPS group $^{\#}P<0.05$; Compared with DEX+LPS group, YOH+DEX+LPS group $^{\&}P<0.05$.

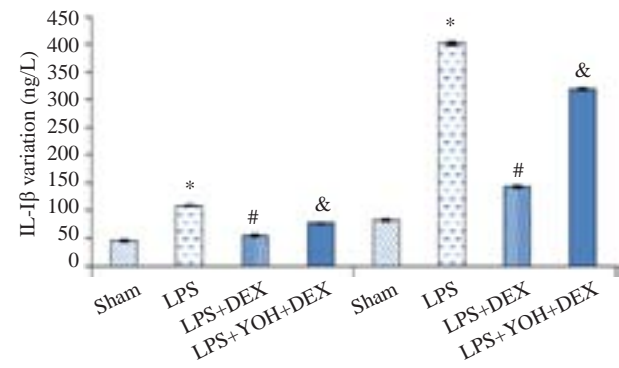


图3 各组血浆和肾组织IL-1β水平的变化

Fig.3 Levels of IL-1β in the blood and kidney tissue in different groups. Compared with Sham group, LPS group $*P<0.05$; Compared with LPS group, DEX+LPS group $^{\#}P<0.05$; Compared with DEX+LPS group, YOH+DEX+LPS group $^{\&}P<0.05$.

的病理性改变;LPS组肾小管上皮细胞肿胀,部分出现空泡变性,肾间质炎症细胞浸润;DEX+LPS组肾脏组织病理损伤减轻,肾小管上皮细胞轻度肿胀或扁平,少量出现空泡样变,肾间质炎症细胞浸润减少;YOH+DEX+LPS组肾脏组织病理损伤较DEX+LPS组加重(图4)。

3 讨论

研究发现,DEX预处理大鼠术后4 h,病理学检查发现DEX明显减轻大鼠肾小管上皮细胞变性,肾小管囊腔扩张、空泡变性,肾间质炎症细胞浸润,证明DEX预处理可以显著减轻LPS诱导产生的肾小管损伤。近

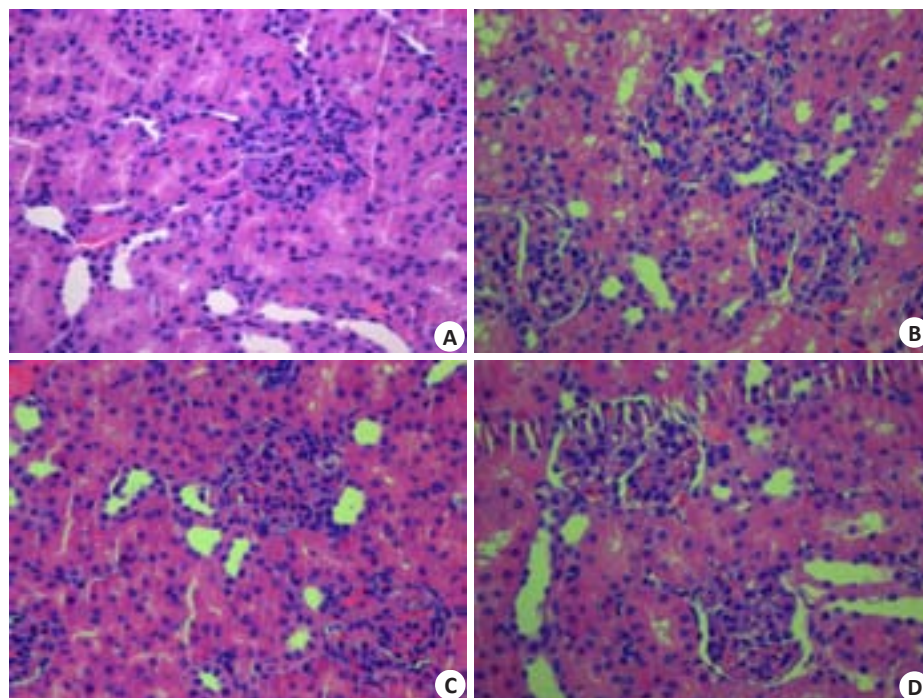


图4 各组肾脏组织的病理学改变

Fig.4 Histopathological changes in the kidney tissue in different groups (HE staining, original magnification: $\times 400$). A: SHAM group; B: LPS group; C: DEX+LPS group; D: YOH+DEX+LPS group.

年来国内外学者研究发现DEX对脑、心、肝、肺、和小肠等多个器官具有保护作用,认为其保护机制是与抗炎、抗氧化损伤与抑制细胞凋亡有关^[7-11],本实验通过采用LPS诱导制备大鼠脓毒症AKI模型,应用DEX显著减

轻脓毒症大鼠氧化应激和炎症反应,而这一保护作用被DEX特异性受体拮抗剂育亨宾逆转,推测DEX的AKI保护机制可能是通过肾小管上皮细胞上的 $\alpha 2$ 受体起保护作用。

AKI是十分复杂的病理生理过程,其发病机制可能涉及肾缺血再灌注损伤、炎症因子、一氧化氮学说、细胞凋亡学说、内皮功能障碍及内皮素作用、内毒素直接损伤、氧化应激损伤等。LPS相关的AKI与炎症和肾小管的损伤密切相关, $\alpha 2$ 肾上腺素能受体广泛分布于全身多种器官、组织和细胞,在肾脏, $\alpha 2$ 受体主要分布于肾近曲小管、集合管及微血管等。DEX是新一代高选择性 $\alpha 2$ 肾上腺素能受体激动剂^[12]。DEX具有抗交感兴奋、调节免疫功能、氧化应激及抗炎反应等作用特点,在脓毒症的治疗及器官保护方面具有显著优势^[5, 13-14]。近年来有不少关于DEX对肾脏保护作用机制的研究,认为DEX对脓毒症肾损伤的保护机制主要与抗氧化应激、抗炎反应及抗细胞凋亡等有关。如Villela等^[15]发现DEX可以通过减少肾脏交感神经作用,降低尿渗透压和血浆精氨酸加压素水平,产生利尿作用。Gu等^[16]研究指出DEX通过激动 $\alpha 2$ AR,抑制肾脏细胞凋亡,下调TLR4蛋白表达以及血清HMGB1的水平,是其肾保护的主要机制。另外DEX通过激动 $\alpha 2$ 受体抑制多条信号通路如JAK/STAT信号通路、TLR-4/NF-KB/MAPKs通路下调炎症产物发挥抗炎作用^[17-19]。本实验检测了血中的IL-1 β 水平,发现LPS注射诱导内毒素AKI后IL-1 β 水平明显增高,DEX可以下调炎症因子IL-1 β 的表达,该作用被育亨宾部分拮抗。本实验检测结果和国内外学者研究结论是相符的^[5, 20-22]。

内毒素血症导致线粒体内呼吸链产生的活性氧簇增加,氧自由基产生增多;另外肾小管上皮细胞内酶活性降低,导致机体产生大量的氧自由基,攻击生物膜中的不饱和脂肪酸,加速脂质过氧化过程,脂质过氧化产物如MDA产生增加,肾小管上皮细胞损伤和功能代谢障碍,甚至产生细胞凋亡,这也是内毒素诱发的肾小管上皮细胞损伤的重要机制之一。我们的结果显示,内毒素血症导致肾组织和血浆中MDA含量明显升高,SOD活力明显下降,表明内毒素注射后机体和肾组织中的氧自由基增加,脂质过氧化程度加剧,抗氧化酶活力下降。DEX预处理能明显降低内毒素血症中肾组织和血浆中的MDA含量,增加SOD活力,提示DEX介导的SOD水平提高可能有助于减少内毒素导致AKI产生的氧自由基,减轻氧化应激,发挥内毒素AKI的保护作用,和国内外的研究一致^[23-26],而 $\alpha 2$ -肾上腺素受体拮抗剂YOH能部分逆转SOD和MDA值的变化。

本实验采用LPS诱导制备大鼠脓毒症模型,这是目前公认的与临床相关性较强的脓毒症模型,证明了DEX可以明显减轻LPS诱导的急性肾损伤的氧化应激和炎症反应,减轻了肾脏的病理损伤程度, $\alpha 2$ -肾上腺素受体拮抗剂YOH能部分拮抗此作用,可以推断DEX对内毒素肾损伤的保护作用可能和免疫炎症调节和抗氧化

化产物生成密切相关。但其调节信号通路中的具体作用机制尚不清楚,有待于进一步实验探索。

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